LIVE WELL IN KERSAL

Autumn 2026

CREATING BETTER PLACES TOGETHER

STRENGTHENING LOCAL VOICES

IMPROVING PEOPLES LIVES

CREATING BETTER PLACES TO LIVE

Published every quarter

Look out for the next edition later this year, featuring local success stories, events, activities and updates from across the community.

YOUR COMMUNITY NEWSLETTER

Autumn 2026 – Issue 2

Welcome to the second edition of the Living Well in Lower Kersal Newsletter. This newsletter has been created to keep residents updated on what's happening in the neighbourhood, share local opportunities, and to help people find activities, support and services close to home.

Why are we producing this newsletter?

Earlier this year, residents shared their ideas about what would make Lower Kersal an even better place to live. We have listened and developed a community action plan focused on the issued that matter most to local people. This newsletter is one way we will keep you informed about progress and opportunities to get involved.

Summer Holiday Club Success

We are delighted to celebrate a record-breaking number of children attending our Holiday Club this summer at Yogurt Pots in Salford Sports Village!

It has been wonderful to see so many children enjoying a fun-filled programme of activities, making new friends, learning new skills and creating fantastic memories along the way. With a mix of nature activities, arts and crafts, sports and games, there was something for everyone and great fun was had by all.

Thank you to all the parents, carers and community members who took part in and supported our Summer Holiday Club. Your enthusiasm and support helped make it such a success. What a fantastic summer it has been!

We all had great fun

Book Now

Book now for October half term 26th - 30th October

Salford Sports Village, 325 Littleton Road, Salford, M7 3NQ

Session Prices:
Core Session (10:30am - 2:30pm) - £20
Morning Wraparound (9am - 2:30pm) - £23
Afternoon Wraparound (10:30am - 5pm) - £26
Full Day (9am - 5pm) - £29

For More information

Childcare@inspiringcommunitiestogether.co.uk
0161 604 7607

> ***School holidays are sorted they always have stories to tell me at the end of each day, I know when I take them there they're having fun.***

WHAT'S ON AT INSPRING COMMUNITIES TOGTHER AND BEYOND

In our Spring Neighbourhood Survey, you told us that you wanted to see more activities and services for children, young families and the wider community.

We listened, and we're pleased to share some of the opportunities and activities that are already available.

Activity	When	Location	Details
🎃 **Holiday Club**	**26th - 30th October**	Salford Sports Village & Yogurt Pots	Fun activities, games, sports and creative sessions during the October half-term. **Paid places available.**
Weekly Kersal Community Drop-In	**Starting 19th November 11am - 12pm**	Lower Kersal Library, salford sports village 325 Littleton Rd, Salford M7 3NQ	Have your say about your local area, discuss community issues and help shape future activities and services. **Contact Rosie for more information 0161 743 3625**
Live Well in Kersal events	**Tuesday 27th October 1:30pm - 3:00pm**	Lower Kersal Library, salford sports village 325 Littleton Rd, Salford M7 3NQ	Find out what's happening in your local area, learn about the support and services available, share your ideas **Contact Rosie for more information 0161 743 3625**
Green & Grow	**Every Thursday 1:00pm - 3:00pm**	Salford Sports Village	Join us for gardening and outdoor community activities.
Stay & Play	**Every Tuesday 1:30pm - 2:30pm**	Lower Kersal Library, salford sports village 325 Littleton Rd, Salford M7 3NQ	A welcoming space for parents, carers and young children to play, learn and socialise together. For more information Call **0161 604 7607**
What Helps People Live Well in Later Life (over 50+)	• **14th & 21st October** • **11th & 25th November** **12:30pm - 3:30pm**	Naz, Great Clowes Street, Salford, M7 1ZQ	Workshops exploring ways to live well in later life. Attend all five sessions or simply join the ones that interest you most. **For more information on the topics see Page 7 or contact Firaol: 07985 766759.**
Community Litter Picks	**Dates Available on Request**	Various Locations across salford	Help keep our neighbourhood clean and tidy. All equipment is provided. **Contact Rosie for dates and details. 0161 743 3625**

Salford Sports Village	Monday	Kersal Youth Club	4:00pm - 5:45pm
	Friday	Dance	5:00pm - 5:45pm (ages 4- 7) 6:00pm - 6:45pm (ages 8 - 16)
	Friday	Soccer Stars	5:00pm - 5:45pm (£5.50)
Lower Kersal Young People and Community Group	Monday	Film Club	12:30pm
	Tuesday	Allotment	11:00am - 1:00pm
	Thursday	Thursday Social	6:00pm - 8:00pm
	Friday	Coffee Morning	11:00am
Energise and St Sebastians	Monday	Motivate Your Monday Walk	10:30am – 11:30am
	Monday	Grow Together Gardening Group	11:00am – 12:00pm
	Monday	Tea & Chat	12:30pm – 2:00pm
	Tuesday	Chair Based Exercise	11:00am – 12:00pm
	Tuesday	Friendship Group for over 50s	12:00pm – 1:30pm
	Tuesday	Be Creative	1:30pm – 3:00pm
	Tuesday	River Run for Beginners	5pm–5.45pm
	Wednesday	Holistic Share	11:00am – 12:00pm
	Wednesday	Wellbeing Walk	1:00pm – 2:00pm
	Thursday	Kersal Moor Wellbeing Walk	1:00pm – 2:00pm
	Friday	Men's Wellbeing Group	10:30am – 11:30am
	Friday	Tea & Chat	11:30am – 12:30pm
	Friday	Creative Writing	1:00pm – 2:00pm
Beacon	Friday	The Beacon Youth Club	6:30pm - 8:30pm
	Thursday	The Beacon Transition Youth Club	3:30pm - 5:30pm
	Monday	You CAN Disability Youth Group	7:00pm - 9:00pm

HAVE YOUR SAY!

Neighbourhood Questionnaire 2026-2027

Take the Questionnaire

YOGURT POTS CHILDCARE

Stay and Play

Our popular Stay and Play sessions are taking place:

Every Tuesday
1:30pm - 2:30pm
Lower Kersal Library

A welcoming space for parents, carers and young children to play, learn and socialise together.

Nursery

Nursery term time provision is provided for children aged 2 years to 4 years of age from 9.00 am to 3.00 pm, with morning, afternoon, and full-day sessions available at competitive rates.
For any information on government funding, please talk to a member of staff for further details.

After School Club

After School Club supports families working beyond school hours. Children are currently collected by our staff team from St Pauls C of E Primary School and Lower Kersal Primary School. Our low cost sessions run from 3.00 pm to 5.00 pm.

Holiday Club

Holiday club offers a fun-filled mix of indoor and outdoor activities to keep children engaged, active, and entertained throughout the day. Whether it's creative play, games, or outdoor adventures, there's something for everyone!

SUPPORTING OLDER PEOPLE TO AGE WELL

Age Friendly Salford is a city-wide programme dedicated to helping older people live healthy, active, connected and independent lives. Working alongside local organisations, community groups and residents, the programme provides a wide range of opportunities, information and support designed to improve wellbeing and reduce isolation.

Whether you're looking to make new friends, learn new skills, improve your health and wellbeing, or simply find out what's happening in your local area, Age Friendly Salford offers something for everyone. The programme helps older residents access activities, services and advice that enable them to remain active members of their communities for longer.

A key focus of Age Friendly Salford is bringing people together. Through social activities, wellbeing programmes, digital inclusion support, volunteering opportunities and community events, older people can stay connected, build confidence and develop new interests. The programme also works closely with organisations across the city to ensure Salford continues to be a great place to grow older.

Age Friendly Salford also provides practical information on topics such as falls prevention, health and wellbeing, nutrition and hydration, digital skills, and planning for the future. These resources help residents make informed choices and maintain their independence.

As we celebrate the positive contribution older people make to our communities, Age Friendly Salford continues to champion the voices, experiences and talents of older residents across the city. By working together, we can create communities where everyone can age well and feel valued. To find out more about activities, services and upcoming events, visit the website or speak to a member of the Age Friendly Salford team. Together, we're helping make Salford a place where growing older is something to celebrate

Scan Me
to Learn More

Information, Advice and Guidance

We can provide information, advice and guidance on a range of topics to Salford residents.

Our service is free and confidential.

If you need help with benefits (whether in or out of work), pension credit, housing support, benefit support or money management, get in touch. We can provide support in-person or over the phone.

For more information Call us 0161 743 3625
Email
AFS@inspiringcommunitiestogether.co.uk
or visit our website
www.agefriendlysalford.org.uk

What helps people live well *in Later Life*

Introduction to the community grant funding programme and how residents can help decide which local projects receive funding.

Session 1: Outdoor Spaces, Buildings & Transport
Getting around, local transport, green spaces and community facilities.

Session 2: Housing, Community Support & Health Services
Housing, independence, health and support services.

Session 3: Social Participation, Respect & Inclusion
Loneliness, community activities, inclusion, safety and belonging.

Session 4: Having Your Say & Accessing Information
Information, communication and making sure local voices are heard.

Session 5: Sharing the Findings & Community Grant Funding
Review what we heard during Sessions 1-4, discuss priorities for the area and help decide which local projects should receive community grant funding.

Contact details

Inspiring Communities Together

Innovation Forum
Frederick Road
Salford
M6 6FP

Telephone: 0161 743 3625

Email: office@inspiringcommunitiestogether.co.uk

Visit our website

www.Inspiringcommunitiestogether.co.uk

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